

White Mountain Yoga Studio, Provo
 8:30 a.m. to 5:30 p.m., every day
 \$425

For the sincere student and practitioner, this program offers training for massage therapists and yoga instructors. For information visit www.whitemountainyoga.com or call (801) 372-5755.

July 28 – August 1
VACATION BIBLE SCHOOL

Calvary Mountain View Church, American Fork
 9 a.m. to 11:30 a.m.

Free
 Bible study classes are offered for ages 5–12. For more information call (801) 756-1446.

July 28 – August 8
YOGA IMMERSION

White Mountain Yoga Studio, Provo
 Time TBA
 \$2,950

This certification course is a comprehensive study and practice of yoga. For information visit www.whitemountainyoga.com or call (801) 372-5755.

August 5 – 26 (Tuesdays)
FAIRY TALES AND FOLKLORE FILM FESTIVAL
Orem Public Library

6:30 p.m.
 Free
 Watch fun movies like “Peter Pan” and “The Adventures of Ichabod and Mr. Toad.” For information call (801) 229-7050 or visit <http://lib.orem.org>.

August 8
LUCKY DUCK DERBY
Seven Peaks Water Park

5:30 p.m. duck launch
 \$5/duck (includes free half-day pass and parking)
 Participate in fun duck activities all day at this fundraiser for the Boys and Girls Club of Utah County. For information visit www.luckyduckderby.com.

August 9
PROVO RIVER HALF MARATHON
Shops at Riverwoods

4:30 a.m. to catch bus up the canyon
 \$35
 Sign up early for this event at www.trailrun.com.

August 13 – 16
UTAH COUNTY FAIR
Spanish Fork Fair Grounds

Time varies
 Free
 Vendors, food, entertainment, 4H displays, a carnival and farm animals. For information visit

www.co.utah.ut.us/Dept/CountyFair/index.asp.

August 14, 15
BRIAN REGAN

Thanksgiving Point Waterfall Amphitheater
 7 p.m. doors open, 8 p.m. show begins
 \$38

Come laugh with one of today's best comedians. For information visit www.thanksgivingpoint.com.

August 16
MOONLIGHT BEACH PARTY
Gardner Village, West Jordan

6 p.m. to midnight
 Free
 Enjoy tropical food, music, dancing and great discounts in all retail stores on this night of fun. For more information visit www.gardnervillage.com or call (801) 566-8903.

August 23
SHARE A SMILE TRIATHLON

7 a.m.
 \$40 for individuals, \$60 for teams, \$15 for kids
 All proceeds go to help individuals in Utah Valley. For information visit shareasmile.net.

August 28 – 30
TIMPANOGOS STORYTELLING FESTIVAL
Mt. Timpanogos Park, Provo Canyon

Time varies
 Cost varies
 Enjoy 10 nationally known storytellers, plus music, entertainment and food. For information visit www.timpfest.org or call (801) 229-7436.

THEATER

Ongoing (Fridays and Saturdays)
OLD WEST DINNER AND SHOW
Grove Events Center, Pleasant Grove

7 p.m.
 Prices vary
 See a story of the wild West, complete with dinner and dessert. Visit www.showtimeutah.com or call (801) 636-9669 for more information.

Ongoing
SUMMER CINEMA SERIES
XanGo Grand Theatre/SCERA Showhouse II

Time varies
 \$6.50 for one movie/week, \$10 for both
 A variety of movies will be shown during the day, Monday through Thursday. Visit www.scera.org or call (801) 225-ARTS for more information.

UPCOMING SHOWS

LITTLE WOMEN
the Broadway musical
 MAY 30th - JULY 5th MUSICAL

THE HASTY HEART
 AUG. 1st - SEPT. 13th COMEDY/DRAMA

ELTON JOHN & TIM RICE'S AIDA
THE TIMELESS LOVE STORY
 SEPT. 23rd - NOV. 22nd MUSICAL

HALE CENTER THEATER OREM
 EST. 1990 BY Ruth & Nathan Hale